

SWIMMING – PARENTAL INFORMATION FORM

NameSchool

Date of BirthClass

Address

Tel.No.

As part of your child’s education he/she will be undertaking swimming lessons this year. It is important that the swimming teacher /instructor has the following information concerning your child:

	Yes	No
<ul style="list-style-type: none"> • Does your child suffer from any of the following: Asthma (please bring inhaler to every swimming session) Epilepsy Sensory impairment e.g. deaf Grommets (wearing a swimming cap & ear plugs is recommended) Diabetes 		
<ul style="list-style-type: none"> • Does your child take medication on a regular basis? Give details: 		
<ul style="list-style-type: none"> • Does your child have any other medical conditions? Give details: 		
<ul style="list-style-type: none"> • Please give details of any past or present injuries e.g. Fractures 		

Swimming Ability:

Non-swimmer	5m	10m	25m	50m+	Any other awards (please specify):

Chemicals in the water in swimming pools adversely affect my child’s eyes. I give my permission for my child to wear goggles during swimming lessons and accept responsibility should my child be injured as a result of wearing goggles.

I am aware that my child will not be allowed to wear goggles for specific water or diving activities for safety reasons.

I am aware that all jewellery is to be removed prior to swimming activities.

Signature of Parent/Guardian

Date

Please note - your child can only be excluded from school swimming on medical grounds as this is a part of the PE National Curriculum

Please return this form to your child’s school.

Example accompanying letter

Dear Parent/Guardian

Your child will be attending school swimming lessons in theterm / s.

They will be attending on(day)forweeks.

We would appreciate it you could complete the enclosed Swimming – Parental Information Form and return it to school by(date)

Please be aware of the following rules:

Swimwear must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however these must not be below the knee. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should only be allowed exceptionally, when chemicals in the water may adversely affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very strongly recommended that children wear swimming hats, to ensure that pupils are easily identified.

Jewellery/watches must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body must be removed together with the jewellery before a child will be allowed to swim). Please be advised that anyone with freshly pierced ears (or other body piercing) will be excluded until such time that jewellery can be removed. It is advisable that any pupils that wish to have body piercing do so at the beginning of the School Summer holidays.

Safety medic-alert bracelets or necklaces should be removed and given to the Adult in Charge for safe keeping during the swimming lesson and returned to the pupil immediately the pupil exits from the water. If the bracelet is unable to be removed it may be taped over securely with waterproof tape.

(The school can add other aspects appropriate to their school, including what children should bring.)